

AS Ida-Tallinna Keskhaigla Ravi 18, 10138 Tallinn Rg-kood 10822068 Tel 666 1900 E-post info@itk.ee www.itk.ee

Triglycerides

Triglycerides (Trigl) or fats are one of the primary sources of energy for the organism as stored fats and also a building block for cells.

After a meal, triglyceride blood levels are higher. A persistently high blood level of triglycerides indicates a lipid metabolism disorder. It's recommended to fast for 8 hours before the test.