



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla  
Ravi 18, 10138 Tallinn  
Rg-kood 10822068  
Tel 666 1900  
E-post [info@itk.ee](mailto:info@itk.ee)  
[www.itk.ee](http://www.itk.ee)

## Paediatrician appointment

**At the paediatrician's appointment, a thorough newborn health examination is performed for newborns who were discharged early after birth, those who needed postnatal care, and premature newborns.**

At all follow-up monitoring appointments, the child will be weighed and their health and age-appropriate motor development will be assessed.

Parents will also be asked some questions and advised on key issues related to feeding, hygiene, care, and safety.

If needed, the paediatrician will refer the child to another specialist, such as a geneticist, cardiologist, neurologist, or orthopaedist.

Screening and immunisation is carried out in the outpatient appointment. If needed, the paediatrician will work together with a breastfeeding counsellor.

**Paediatric outpatient appointments need to be scheduled and require prior registration.**