

AS Ida-Tallinna Keskhaigla Ravi 18, 10138 Tallinn Rg-kood 10822068 Tel 666 1900 E-post info@itk.ee www.itk.ee

## Hospital and day care during pregnancy

Midwives and doctors at our department counsel, monitor and treat pregnant women in the case of various medical issues.

## For example:

- · Excessive vomiting during pregnancy
- · Risk of miscarriage
- · Risk of premature delivery and premature breaking of waters
- High blood pressure, which may have been diagnosed previously or emerge during pregnancy (preeclampsia)
- Diabetes, which may have been diagnosed previously or emerge during pregnancy (gestational diabetes)
- Growth retardation of the foetus (hypotrophy), etc.

If necessary, our specialised doctors will offer their consultation – cardiologist, neurologist, doctor of internal diseases, endocrinologist and others. Additional analyses (e.g. abdominal cavity ultrasound, x-ray) are carried out at the diagnostics clinic of our hospital.

There are 15 beds at the pre-delivery department for women in need of stationary hospital treatment.

## **Clinic treatment**

In addition to stationary treatment, we also offer clinic treatment services. You can wait for your procedures at a comfortable clinic room equipped with armchairs.

Please assign at least 4 hours for clinic appointments.

## Clinic treatment services of the pre-delivery department:

- · Drafting the pregnancy monitoring plan
- · Drafting a delivery plan
- Intrauterine blood transfer (for example in the case of rhesus conflict)
- · Amniotic fluid tests
- · External turning of the foetus in the case of a breech
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- · Specialised doctor consultations and analyses
- · Nutritional counselling
- · Inducing delivery