



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
Ravi 18, 10138 Tallinn
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www.itk.ee

Centre for Infertility Treatment

The goal of the Centre for Infertility Treatment of East Tallinn Central Hospital is to help infertile couples. In vitro fertilisation (IVF) is the most commonly used method of fertility treatment in the world. Births from IVF represent 3-5 percent of all babies born in Estonia. IVF involves fertilising eggs in a laboratory dish to create embryos, which are then transferred into the uterus.

We have been providing fertility treatment since 1996. In 26 years, we have performed 9277 IVF procedures and 4178 frozen embryo transfers. 3106 babies have been born with our assistance.

Our long-term experience, extensive knowledge and skills make it possible to use the latest methods of fertility treatment. If you have wanted and tried to get pregnant but have been unable to do so within a year, we suggest booking an appointment with our gynaecologists. Various tests are carried out for both women and men to identify the causes of infertility. Then, treatment can begin. Once the diagnosis has been confirmed, midwife appointments take place for consultation and tests.

There is no need for a referral to book an appointment. It is recommended that you come to the appointment with your partner.

To come to the appointment, you need to book an appointment in advance:

- through the Health Portal www.terviseportaal.ee
- on site at the front desk; or
- **by calling 666 1900 Monday to Friday 07:15-18:00.**

Frequently asked questions

Here, you can find answers to the most frequently asked questions about infertility and egg donation. If you are unable to find the answer to your question, feel free to email us at viljatusravikeskus@itk.ee.

Services

[Infertility treatment gynaecologist's appointment](#)

[Infertility treatment andrologist's appointment](#)

[Counselling for women/couples needing infertility treatment](#)

[Appointment with a midwife by a woman planning infertility treatment](#)

[Psychological counselling](#)

[Insemination \(IUI – Intrauterine Insemination\)](#)

[The use of donor sperm cells](#)

[In vitro fertilisation IVF](#)

[Donor egg cells and frozen egg cells in-vitro fertilisation method](#)

[Embryo transfer and preservation](#)

[Surgical sperm retrieval](#)

[Egg freezing and preservation](#)

[Freezing and preservation of sperm cells](#)

[Use of donor egg cells for in-vitro fertilisation](#)

[Oxidative stress test from seminal fluid](#)

[Seminogram](#)

[Endometrial receptivity test \(the beReady test\)](#)

[Tubal patency testing](#)

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