IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
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Physiotherapy

Physiotherapy is a rehabilitation method that aims to prevent damage to the patient's health, restore impaired functions, relieve pain, and maintain and improve endurance.

Physiotherapy is carried out both individually and in groups.

A referral is required to receive the service. The Estonian Health Insurance Fund (Tervisekassa) pays for the service of a patient with an ITK referral. Without a referral or referral from another healthcare institution the service is paid.

Appointments can be booked:

- by phone 666 1900 **Mon-Fri 7:30-18:00**
- at the reception