IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
Ravi 18, 10138 Tallinn
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www.itk.ee

For general practitioners

We value good cooperation with GPs. We perform various examinations and treatments. Our trained staff and up-to-date machinery allow us to offer adequate medical imaging services to other healthcare institutions in addition to our own hospital. We share information if you have any additional questions about the examinations and provide online consultations. You can also take part in various training events. To make it easier and faster for you to source information on our website, you can find the most important references pertaining to GPs listed here.

If you have any further questions or proposals, feel free to send us an e-mail at **perearst [at] itk.ee** or **call us on 606 7887**.

Referral

You need a referral from your GP to make an appointment with a specialist doctor. A digital referral is preferred as this facilitates the booking process.

No referral is required for seeing a

- psychiatrist
- gynaecologist
- pulmonologist (for suspected tuberculosis)
- ophthalmologist
- dentist
- traumatologist or surgeon in the event of trauma (within 24h).

Making an appointment

To make an appointment with a specialist, you first have to register:

- on site at the front desk;
- by calling 666 1900 Mon-Fri from 07:15-18:00; or
- through the patient portal iPatsient. Persons aged 18 and over can book appointments through the portal. If you are under the age of 18, please call 666 1900 to book an appointment.You can use the patient portal to book an initial appointment with a specialist, provided that you have a digital referral if the speciality requires one.

You can book an appointment 4 months in advance.

If the patient is unable to make the appointment, they must notify the hospital:

- by calling 666 1900; or
- by visiting the patient portal iPatsient and cancelling their appointment.

You can cancel all booked appointments regardless of whether the appointment was booked through the patient portal, at the front desk, over the phone or by a healthcare professional.

Online consultation

Patients can be referred for an online consultation through the patient health information system. We provide online consultations in 19 specialities:

- allergology-immunology (referral only for online consultation with the exception of children)
- dermatology and venereology
- endocrinology
- gastroenterology
- gynaecology
- cardiology
- cardio-vascular surgery
- ear, nose and throat illnesses
- neurology
- oncology
- orthopaedics (incl. back surgery)
- pulmonology
- rheumatology
- internal medicine
- rehabilitation and physiotherapy
- urology
- pain treatment
- general surgery
- paediatric ophthalmology (pilot project)

Read more about the organisation of online consultations on the website of the Estonian Health Insurance Fund.

Contact information for additional questions:

- Lea Karik, Customer Service Manager, tel. 606 7887, perearst [at] itk.ee (perearst[at]itk[dot]ee)

Radiological examinations hotline

Feel free to contact us if you have any additional questions on the performance of radiological examinations or examination results. The hotline is operated by a radiology technician.

- The hotline 666 5166 is open Mon–Fri from 08:00–16:00.
- You can also send an e-mail toradioloogiainfo [at] itk.ee (radioloogiainfo[at]itk[dot]ee).

The Centre of Radiology is located in the Ravi streetand Magdaleena units of East Tallinn Central Hospital.

Services provided in the Centre of Radiology	Magdaleena unit registration and information	Ravi street unit registration and information
	Tel.: 606 7684 Radiology, C block 1st floor on work days from 8:00-16:00	**Tel.:** 620 7200 Radiology, A block 1st floor on work days from 8:00-16:00
X-ray	**Tel.:** 606 7684 Radiology, C block, 1st floor Note: also dental X-ray	**Tel.:** 620 7200 outpatient patients: radiology, C-block, basement level Note: also urogram, cystogram, urethrography (A block)
Ultrasound	**Tel.:** 606 7684 Radiology, C block, 1st floor Note: also ultrasound breast examinations	**Tel.:** 620 7200 Note: if the referral includes or the patient has made an appointment, the appointment is in the radiology department, A block, 1st floor
Magnetic resonance tomography (MRT)	**Tel.:** 666 5130 Diagnostic Clinic, X block (yard)	**Tel.:** 620 7200 Radiology dept., A block 1st floor
Computertomography (CT)	**Tel.:** 666 5130 Diagnostic Clinic, X block (yard)	**Tel.:** 620 7200 Radiology, C block, basement level
Mammography	**Tel.:** 606 7684 Radiology, C block, 1st floor	

Services

Appointment with diabetes nurse

Appointment with foot care nurse for diabetics

Outpatient appointment with a thrombosis office physician

Foot treatment/medical pedicure

Early arthritis office

Wound care nurse's appointment

Pain management doctor's appointment

Home nursing

Rehabilitation physician´s appointment