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## Mammography

**Mammography is the most common breast investigation designed to diagnose and detect breast diseases in women. Mammography is usually indicated for women over 35 years of age.**

A special X-ray machine is used for the examination, X-rays are used to make a mammography image, i.e. a mammogram. The radiation dose you are exposed to during the procedure is minute and has no detrimental effect on female health.

Diagnostic mammography is used to investigate a patient who has breast complaints: discharge from the nipple, a change in the shape of the breast, a nodule or a tighter area in the breast, skin changes, enlargement of the lymph nodes in the armpits and so on. Mammography is also suitable for women without complaints in order to detect breast diseases in a timely manner, when disease-specific complaints or early-stage changes are not yet present.

See patient information materials here: [Mammography](#).