IDA-TALLINNA KESKHAIGLA

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Information about viral diseases

To prevent the spread of seasonal viral diseases and protect the health of our patients and hospital staff, we ask you to follow the instructions below.

Coming to the appointment

- **Please stay home when you feel ill!** Do not come to the appointment, screening or procedures if you have the symptoms of a viral infection (cough, cold, fever).
- If you become ill, please notify us by calling 666 1900 or cancel your appointment in our patient portal iPatsient.
- **Contact us again if you feel better and we will help you find a time for a new appointment** If you become ill, please also notify your family doctor or call the Family Doctor's Advice Line 1220.
- When entering the hospital, please disinfect your hands.
- It is allowed to accompany a child up to 14 years of age and a patient with a physical disability (except inpatient and day care patients) in the premises of the hospital. The accompanying person of the patient is obliged to follow the regulations set by the hospital.

Wearing a protective surgical mask

- Patients presenting to the Emergency Medicine Centre (EMC) and the Women's Clinic Emergency Department must wear a face mask if they have symptoms of acute respiratory viral infections (cough, runny nose, fever).
- Wearing a surgical mask during appointment or treatment is not mandatory.
- Face masks and hand sanitizer are available at all of the hospital's exterior doors. Face masks are also provided in examination/appointment rooms and inpatient departments.

To the family of the patient

- Visiting is allowed at the Ravi and Magdaleena units on Mon–Fri 3 pm–7 pm and Sat-Sun 12 pm–7 pm, and at the Järve unit on Mon–Fri 3 pm– 7 pm and Sat-Sun 12 pm–4 pm.
- Please do not visit patients if you have the symptoms of a viral infection (cough, sore throat, cold, fever).
- One visitor per patient is allowed.