IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
Ravi 18, 10138 Tallinn
Rg-kood 10822068
Tel 666 1900
E-post info@itk.ee
www.itk.ee

Diagnosis and treatment of allergic diseases

Diagnosis and treatment of allergic diseases

We welcome children and adults who have been diagnosed with or are suspected of having an allergic disease. The centre diagnoses, treats and advises children and adults with allergic rhinitis, asthma, allergic skin rashes, urticaria and food allergies and/or intolerances. We also perform tests for medication allergies and, if possible, help restore tolerance to the medication that caused the allergy.

To find the causes for allergic diseases, we use skin prick tests, epicutaneous tests (or application tests) as well as determination of specific antibodies from blood. We use spirography to assess lung volume and airway permeability and we use FeNO determination to assess allergic inflammation of the airways.

We also have years of experience in allergen-specific immunotherapy for patients with pollen allergy, household dust mite allergy, animal allergy and insect venom allergy. Allergen-specific immunotherapy is currently the only treatment that interferes with the course of the disease and helps create tolerance to the allergen that caused the allergy. We perform allergen-specific immunotherapy for both children and adults.

Services

Outpatient appointment with an allergist-immunologist

Outpatient appointment with a paediatric allergist

Allergen-specific immunotherapy

Epicutaneous tests

Spirography with bronchodilator test

FeNO test

Provocation test