

Centre of Spinal Surgery

Nowadays, back pain is one of the most common causes of seeking medical aid. Our goal is to ensure modern and high-quality treatment for patients with spinal pathology.



The Centre of Spinal Surgery was established out of the need to consolidate and systematically deal with the increasingly growing number of patients with spinal pathology.

East Tallinn Central Hospital has been dealing with spinal surgery, with small intervals, for over 50 years already. During the past ten years, we have again made great efforts to develop spinal surgery. The doctors who are specialised in the area have consolidated into one centre and focused only on the treatment of patients with back issues.

The surgical treatment comprises only a small part of the treatment of patients with spinal pathology which is why the coordinated and systematic approach of spinal diseases is very important. By working as a team of neurologists, pain management physicians, rehabilitation doctors and radiologists, we are seeking the best solutions for the patients.

Services

[Spinal surgeon's appointment](#)

[Spinal surgery nurse's appointment](#)

[Lumbar radiculitis or spinal stenosis surgery](#)

[Vertebra slipping, i.e. spondylolisthesis surgery on one vertebral column interval](#)

[Vertebra slipping, i.e. spondylolisthesis surgery on two vertebral column intervals](#)

[Instrumented decompression of one vertebral column interval](#)

Address

Centre of Spinal Surgery

Ravi 18, Tallinn

[666 1900](tel:6661900)

Staff

Taavi Toomela



[620 7074](tel:6207074)

taavi.toomela@itk.ee

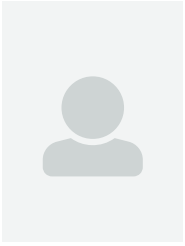
Kristin Lichtfeldt



[620 7082](tel:6207082)

kristin.lichtfeldt@itk.ee

Sirje Valtenberg



620 7074

sirje.valtenberg@itk.ee