IDA-TALLINNA KESKHAIGLA

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Appointment with a palliative care nurse

The palliative care nurse's appointment is a service that is intended for patients with an oncological disease and their loved ones.

Palliative care nurse:

- raises patients' awareness of the disease and its treatment
- provides assistance in resolving different health problems that have occurred during the treatment until the end of the post-treatment follow-up period
- explains the most common side effects of chemotherapy and teaches how to cope with them; supports patients between the treatment courses if necessary
- gives advice on maintaining health and promoting quality of life.

Our hospital oncologist can refer you for the appointment.