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Whole-body static scintigraphy and/or SPECT with iodine

A follow-up examination is performed no earlier than 6 months after treatment with radioactive iodine (radioiodine).

The procedure includes a doctor's appointment, the administration of a radioiodine capsule in a diagnostic dose and, after 48 hours, a whole-body scan and three-dimensional SPECT/CT imaging of the neck and chest to assess the effectiveness of radioiodine therapy.

With thyrotropin; ThyrogenÒ

You should follow a low-iodine diet for 3 weeks before the examination. There is no need to stop taking your thyroid medication (L-Thyroxin). For the purpose of TSH stimulation, thyrotropin (rhTSH/Thyrogen) is injected intramuscularly on two consecutive days before administering the radioiodine capsule. The follow-up examination is performed in an outpatient setting. The patient is not hospitalised.

With levothyroxine withdrawal

You should stop taking your thyroid medication (L-Thyroxin) 4 weeks before the examination and follow a low-iodine diet for 3 weeks before the examination. The follow-up examination is performed in an outpatient setting. The patient is not hospitalised.