



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla  
Ravi 18, 10138 Tallinn  
Rg-kood 10822068  
Tel 666 1900  
E-post info@itk.ee  
www.itk.ee

## Orthopaedist's appointment

A referral letter from a specialist or a general practitioner is needed for the appointment of a orthopaedist at East Tallinn Central Hospital. Appointments take place on all working days at the Orthopaedic Department. In addition to doctors, orthopaedic nurses also provide independent appointments and counselling.

A referral from your family physician or specialist physician is needed to book an appointment. You can also get a [paid examination](#) without a referral and with a shorter waiting time.

### Appointments can be booked:

- Health Portal <https://www.terviseportaal.ee/en/>
- by phone [666 1900](tel:6661900) Mon-Fri 7:15-18:00
- at the reception

Read more about [coming for a medical specialist appointment](#).