IDA-TALLINNA KESKHAIGLA

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Orthopaedic nurse's appointment

Traumatological-orthopedic patients are advised by orthopedic nurses.

Pre-operation consultation

we shall refer you to physiotherapy where you can learn to walk with crutches and perform exercises to increase muscle strength.

Post-operation nurse’s appointment

- evaluating the condition of the wound,
- wound care,
- wound sowing,
- removing wound stitches and K-rods,
- installing orthoses,
- placing and removing gypsum, teaching the patient simple dressing techniques, if required.