IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
Ravi 18, 10138 Tallinn
Rg-kood 10822068
Tel 666 1900
E-post info@itk.ee
www.itk.ee

Hospital and day care during pregnancy

Midwives and doctors at our department counsel, monitor and treat pregnant women in the case of various medical issues.

For example:

- Excessive vomiting during pregnancy
- Risk of miscarriage
- Risk of premature delivery and premature breaking of waters
- High blood pressure, which may have been diagnosed previously or emerge during pregnancy (preeclampsia)
- Diabetes, which may have been diagnosed previously or emerge during pregnancy (gestational diabetes)
- Growth retardation of the foetus (hypotrophy), etc.

If necessary, our specialised doctors will offer their consultation – cardiologist, neurologist, doctor of internal diseases, endocrinologist and others. Additional analyses (e.g. abdominal cavity ultrasound, x-ray) are carried out at the diagnostics clinic of our hospital.

There are 15 beds at the pre-delivery department for women in need of stationary hospital treatment.

Clinic treatment

In addition to stationary treatment, we also offer clinic treatment services. You can wait for your procedures at a comfortable clinic room equipped with armchairs.

Please assign at least 4 hours for clinic appointments.

Clinic treatment services of the pre-delivery department:

- Drafting the pregnancy monitoring plan
- Drafting a delivery plan
- Intrauterine blood transfer (for example in the case of rhesus conflict)
- Amniotic fluid tests
- External turning of the foetus in the case of a breech
- CTG
- Specialised doctor consultations and analyses
- Nutritional counselling
- Inducing delivery