



IDA-TALLINNA KESKHAIGLA

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## Spinal surgeon's appointment

**A spine surgeon is a specialist doctor who is focused on the treatment of spine pathologies in both adults and children.**

A referral from a family or specialist doctor is required to attend the appointment! Appointments are also available [for a fee](#) without a referral and with a shorter waiting time.

You can also consult with a spinal surgeon through e-consultation by contacting your family doctor or specialist. We will respond to your inquiry within a maximum of four working days. If it becomes evident after the e-consultation that the patient requires a specialist appointment, we will contact you ourselves and schedule an appointment.

### **Appointments can be booked:**

- Health Portal <https://www.terviseportaal.ee/en/>
- by phone [666 1900](tel:6661900) **Mon-Fri 7:30-18:00**
- at the reception

Read more about [coming for a medical specialist appointment](#).