



IDA-TALLINNA KESKHAIGLA

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## Spinal surgery nurse's appointment

**A spinal surgery nurse is a specially trained health care worker, who specifically focuses on spinal pathologies.**

**You can book an appointment with a spinal surgery nurse with a specialist's referral letter. The appointment takes place on Ravi Street.**

Activities at the spinal surgery nurse's appointment:

- instructions for the administration of medication prescribed by a doctor (antibiotics, blood thinners);
- collection of test material determined by the doctor (microbiology) and referring to tests and ECG preoperatively;
- removal of sutures;
- counselling. Preoperative introduction of the department to the patient. Completing necessary documents and reviewing them with the patient;
- finding a solution for postoperative recovery period together with the patient. Sharing instructions for more effective recovery.