



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
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Manual Therapy

Manual therapy uses methods and techniques aimed at correcting dysfunctions in the skeletal system. Targeted manual techniques help restore the normal function and balance of joints, muscles and their surrounding structures.

This [service is paid](#).

You can book an appointment:

- on-site at the registration desk
- by phone at +372 666 1900 Monday to Friday **07:30-18:00**