

# Cup massage

**Cup massage stimulates blood and energy circulation, eliminates oedema, improves metabolism, strengthens the immune system, increases resistance, destroys cellulite and trims the skin.**

Cup massage is performed with special rubber (silicone) cups, which are moved with the help of massage cream or massage oil. The procedure begins with a classical back massage. A unique sensation is felt when a vacuum cup placed on the back is moved. The massage therapist places the cups successively onto every area to be massaged.

A cup massage is quite intense and afterwards it is recommended to just rest for a while.

Duration: up to 45 minutes

The service is paid.