

Honey massage

Honey has long been known as an effective rejuvenating and softening agent for the skin. Honey massage is used to increase the tone on the organism and improve health. Honey massage is effective against metabolic disorders and cellulite, helps with weight-loss and cleans skin pores. Honey massage is also indicated for back problems, cold and arthritis. The movement techniques of honey massage are somewhat different from a regular massage.

After a honey massage, you should drink a lot of water. It is not recommended to take a shower immediately because the honey remaining on the skin also has an effect for some time after the massage.

Duration: up to 1 hour

The service is paid.