

Assessment of swallowing function

A speech therapist develops and/or corrects the patient's ability to communicate, i.e. the ability to create and understand spoken and written language, pronunciation accuracy, voice and nonverbal communication. They also treat swallowing disorders.

The main tasks of a speech therapist are assessing the patient for communication and swallowing disorders (diagnostic speech therapy), prevention of communication and swallowing disorders, developing, restoring and compensating for communication and/or swallowing ability, counselling patients with communication and/or swallowing disorders, their families and, if necessary, other specialists.

The goal of speech therapy is to help the patient reintegrate into everyday life and maintain or improve their quality of life.

The service is paid (in the case of medical indications, it is reimbursed by the Estonian Health Insurance Fund).