IDA-TALLINNA KESKHAIGLA

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Shockwave therapy

Shockwave therapy is a type of physical therapy. Shockwaves are acoustic waves which propagate in tissues and have healing properties.

The first procedure is performed by a doctor, the following ones by a nurse.

The average duration of the procedure is 15 minutes, depending on the diagnosis. The first procedure, which includes a doctor's appointment, takes up to 30 minutes.

The average length of a treatment course is 3-7 procedures.

A physician's referral is necessary for the procedure. The procedure is paid.

Appointments can be booked:

- by phone 666 1900 **Mon-Fri 7:30-18:00**
- at the reception