IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
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Counseling of young people about their sexual health in group (1,5 hours)

The interactive discussion group will cover subjects based on age group and group needs.

The counselling incorporates a lot of games, discussions, information sharing, reflection and communication, plus illustrative material. Discussion groups are structured based on the needs and wishes of the group.

Subjects covered:

- sexual development of humans and sexuality
- intimacy, love and close relationships
- self-respect and respect for others
- preventing pregnancy and contraceptives
- sexually transmitted infections and their prevention
- AIDS/HIV testing options
- impact of smoking and drug and alcohol use on sexual health
- pregnancy and termination of pregnancy

The service is provided within Tallinn. The price of the service is 100 euros.

The price of services is 220 euros.

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