

Appointment with an endocrinologist

Endocrinologists diagnose and treat patients with thyroid-related problems: an overactive thyroid or parathyroid gland, a nodular thyroid gland or a thyroid malignancy. Patients with thyroid disease during pregnancy can also attend an appointment.

Endocrinologists perform ultrasound examinations of the thyroid gland, if necessary, and take a biopsy from the thyroid gland. Diabetics are the largest patient group for endocrinologists.

Patients with the following conditions can attend an endocrinologist appointment:

- Those experiencing problems with being overweight and who want to get a consultation on weight loss options
- Those diagnosed with benign tumour of the pituitary gland – acromegaly, i.e. growth hormone-producing tumour or prolactinoma
- Those with pituitary insufficiency and who require diagnostic tests and hormone replacement therapy

A referral from a family or specialist doctor is required to attend the appointment! Appointments are also available [for a fee](#) without a referral and with a shorter waiting time.

Appointments can be booked:

- Health Portal <https://www.terviseportaal.ee/en/>
- by phone [666 1900](tel:6661900) **Mon-Fri 7:30-18:00**
- at the reception