IDA-TALLINNA KESKHAIGLA

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# Appointment with an endocrinologist

The endocrine system consists of hormone-producing glands that affect the functioning of the whole body – metabolism, mood, sexual function, fertility and many other processes. If these glands do not work properly, various diseases and ailments can occur.

**Our centre employs 8 endocrinologists who deal with the diagnosis, treatment, and monitoring of hormonal disorders on a daily basis. If necessary, the patient is referred to day care or hospitalisation.**



We cooperate on a daily basis with specialists from different specialties within our hospital as well as with specialists from outside East Tallinn Central Hospital.

The closest cooperation is with our centre’s endocrine nurse, diabetic nurses, and foot care nurses.

REFERRAL for appointment

- Family physician, medical specialist, advanced practice nurse*(visible on the Health Portal)*
- Referral for a follow-up appointment *(not visible on the Health Portal)*

A paid appointment is possible without a referral.

You can book an appointment:

- Health Portal www.tervisportaal.ee
- by telephone 666 1900 **Mon-Fri 7.30-18.00**
- onsite at the registration desk