



IDA-TALLINNA KESKHAIGLA

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Appointment with an allergology-immunology nurse

Allergology-immunology nurses advise patients with different types of immune system disorders.

In the case of allergic diseases (asthma, allergic rhinitis, atopic dermatitis), nurses provide recommendations to patients and loved ones on how to better cope with allergic diseases. Among other things, they will be trained in the use of medications and technical aids, and given recommendations regarding nutrition and skin care.

The treating physician will refer you to a nurse's appointment.