

Information for parents of newborns

Patient information

How to register a child's birth?

The birth of a child must be registered in the first month after the child's birth. The birth of a child is registered on the basis of a written application from the parent within seven days of submission of the application.

What does registration entail?

- the parents give their child a first and last name
- data on custody rights are entered into the Population Register
- acknowledgement of paternity takes place
- if desired, the child's birth certificate is issued to the parents. The birth certificate is in Estonian and the first issue is free of charge. If a certificate in a language other than Estonian is desired, contact the local government at the county seat of your choice for more information. A fee is charged for issuing foreign-language certificates.

You can submit an application at:

- the city or rural municipality government;
- the Tallinn Vital Statistics Department;
- or via www.eesti.ee.

Parents who are married to each other can register a birth through the information portal www.eesti.ee if a healthcare service provider has sent the medical birth certificate data to the Population Register.

Documents needed to register the birth of a child

- the parents' identity documents
- a marriage document, if not entered into the Population Register
- if the birth is registered by one of two married parents, the applicant must bring an application signed by the other parent regarding the name of the child
- acknowledgement of paternity (if needed), which can be submitted at the vital statistics office on the spot or in notarised form
- a certificate from a medical institution regarding the birth of the child (if the child was born in a hospital, the medical birth certificate will be in the Population Register and no paper certificate is required)

Location of the Tallinn Vital Statistics Department

Pärnu mnt 67, Tallinn

Telephone 645 7488, www.tallinn.ee

At the Tallinn Vital Statistics Department, residents of Tallinn have the right to apply for a birth allowance from the city of Tallinn (for a list of documents needed, see the chapter 'Birth allowance paid by the City of Tallinn').

State family allowances and the parental benefit

State family allowances and parental benefits are paid by the Social Insurance Board. There is no

need to apply for family allowances and the parental benefit. After registering the birth of a child, the Social Insurance Board will send an e-mail to parents informing them of the types of allowances available to parents and the parental benefit. In order to be notified, it is necessary to check the correctness/existence of an e-mail address in the self-service portal of the Social Insurance Board. You can also choose the recipient of the types of allowances in the portal.

Location of the customer service centre of the Social Insurance Board's Tallinn office

Endla 8, Tallinn

Telephone 612 1360

www.sotsiaalkindlustusamet.ee

Parental benefit

In general, eligibility for the parental benefit rests with the mother raising the child until the child turns 70 days of age. Later, the parents are eligible to take turns using the benefit. However, the preferential right to the benefit belongs to the parent who is on parental leave. If the mother is on maternity leave, she becomes eligible for the parental benefit on the day after the certificate for maternity leave expires. The parental benefit is paid for 435 days. If the child's mother was not eligible for the maternity leave (e.g. a non-working mother, a studying mother who is not working), the parental benefit eligibility period begins from the child's birth and lasts until the day on which the child turns 18 months old.

In 2020, the minimum amount of the parental benefit is 540 euros and is capped at 3548.10 euros per month. The parental benefit is calculated on the basis of the social tax declared for the earned income during the 12 calendar months preceding the nine months of the child's birth. For example, the child is born in October 2020. The amount of parental benefit is calculated on the basis of the income earned from January 2019 to December 2019. The recipient of the parental benefit may continue working and earning income while they are receiving the benefit. If the income exceeds one-half of the maximum benefit amount, the amount of the parental benefit disbursed is reduced. The Social Insurance Board must be notified of any income exceeding 1774.05 euros by e-mail: info@sotsiaalkindlustusamet.ee.

State family allowances

- Birth allowance (one-time) 320 euros.
- Child allowance (monthly, in the case of the first and second child) 60 euros.
- Child allowance (monthly, starting from the third child) 100 euros.
- Allowance for families with many children (monthly).
- Families raising 3-6 children 300 euros.



- Families raising 7 or more children 400 euros.
- Single parent allowance (monthly) 19.18 euros.
- Allowance for child of a conscript or person completing alternative military service (per child, up to the end of conscription, monthly) 300 euros.

Allowance paid by local municipality or city government

Most municipality and city governments pay an allowance to parents upon the birth of a child and have established conditions in this regard. The allowance is determined and paid out by the corresponding municipality or city government (the amount of the allowance varies).

Birth allowance paid by the city of Tallinn

The allowance can be applied for within six months after the child's birth. The amount is 320 euros.

The allowance is payable to a child's parent on the condition that both parents were listed in the Population Register as residents of the city of Tallinn before the child's birth and at least one of the child's parents has lived in Tallinn for at least a year prior to the birth of the child.

The allowance is paid in two parts. Fifty per cent of the allowance is paid after childbirth and the remainder once the child turns one year of age. The second part is paid if the child and their parents (or single parent) have, according to the Population Register, continuously been residents of the city of Tallinn from the child's birth to the age of one. In addition, the child must be listed in the Population Register as a resident of the city of Tallinn and live with the applicant at the same address.

The allowance can be applied for at the Tallinn Vital Statistics Department or the Tallinn e-service at <http://taotlen.tallinn.ee>.

Documents needed to receive the birth allowance

- the applicant's identity document
- the application

Newborn care package for residents of Tallinn

The care package is handed out to parents of newborns on the condition that the parents were listed in the Population Register as residents of the city of Tallinn before the child's birth and at least one of the child's parents lived in Tallinn for at least a year prior to the birth of the child. Women who give birth on Friday, Saturday and Sunday will receive their package on Monday while still in the maternity ward. If the package was not received while staying in the maternity ward, it can be picked up within two months from the maternity hospital. Please call 620 7394 to schedule a time to pick it up. Bring the child's birth certificate or the identity documents of both parents.

Paternity leave

The father is eligible for up to 10 working days of leave within two months before the child's expected due date and during the two months after the birth of the child. The leave can be used continuously or in segments.

The paternity leave is remunerated on the basis of the average salary of the father but not more than three times the average Estonian gross salary in the quarter before last. To obtain the leave, a request must be filed with the employer.

Health insurance

Children receive health insurance automatically if the child's place of residence in the Population Register is an Estonian address. If you have travel plans, apply for a European Health Insurance Card for your child. This service is available through the information portal www.eesti.ee or at the customer service office of the Estonian Health Insurance Fund. The application can also be mailed to the Estonian Health Insurance Fund or e-mailed in digitally signed form (info@haigekassa.ee).

Location of the Health Insurance Fund in Tallinn

Lastekodu 48, Tallinn

Telephone 669 6630

www.haigekassa.ee

Those receiving the parental benefit are automatically covered by health insurance during the period of the payments. The Social Insurance Board will provide the Estonian Health Insurance Fund with the data needed to apply for a health insurance policy.

Childcare leave

The mother or father of the child is entitled to childcare leave until the child turns three years of age. One person can use the childcare leave at a time. It can be taken in one part or in segments at any time. The applicant's employer must be notified 14 calendar days in advance of planned childcare leave. Append to the application a copy of the child's birth certificate.

Essential telephone numbers

EMERGENCY SERVICES	112
NATIONAL GENERAL PRACTITIONER HELP LINE (24h)	1220

TALLINN CHILDREN'S HOSPITAL, Tervise 28

Emergency room	697 7146
Trauma Care reception	697 7194

EAST TALLINN CENTRAL HOSPITAL WOMEN'S CLINIC, Ravi 18

Breastfeeding counselling	666 1900
Paediatricians	620 7177

If you experience any health problems after childbirth (fever, mastitis), contact the women's clinic department for expecting mothers.

For health problems experienced by a newborn baby up to one month of age, pre-register by telephone at 620 7496.

For social affairs matters, call 620 7394 (a social worker at East Tallinn Central Hospital).

East Tallinn Central Hospital patient information line, 666 1900.

www.sunnitusmaja.ee/en

