

# Information for parents of newborns

## Patient information

### How to register a child's birth?

The birth of a child must be registered in the first month after the child's birth. The birth of a child is registered on the basis of an application within seven days of submission of the application.

An application for registration of birth may be submitted by married and unmarried parents and a single parent, provided that a healthcare provider has forwarded the data of the medical birth certificate to the population register.

### The birth of a child cannot be registered electronically if:

- the child was born in a foreign country;
- another man, who is not the husband of the mother, has acknowledged paternity;
- spouses wish to submit an application that the man is not the father;
- the parent is a minor;
- the parent is an adult with restricted active legal capacity.

### You can submit an application at:

- [www.rahvastikuregister.ee](http://www.rahvastikuregister.ee);
- Tallinn Vital Statistics Department;
- city or rural municipality government.

### What does registration entail?

- The parents give their child a first and last name.
- Data on custody rights are entered into the population register.
- Acknowledgement of paternity takes place.
- If desired, the child's birth certificate is issued to the parents. The birth certificate is in Estonian and the first issuance is free of charge. You can order a certificate in a foreign language in the e-population register or by submitting an application to the local government at the county seat or the Estonian foreign representation of your choice.

### Documents needed to register the birth of a child

- Application for registration of birth
- The parents' identity documents (if the parents are married, one of the parents may come to register the birth – in this case it is not necessary to present the identity document of the other parent)
- A marriage document, if not entered into the population register
- If the birth is registered by one of two married parents, the applicant must bring an application signed by the other parent regarding the name of the child
- Acknowledgement of paternity (if needed), which can be submitted at the vital statistics office on the spot or in notarised form
- A certificate from a medical institution regarding the birth of the child (if the child was born in a hospital, the medical birth certificate will be in the population register and no paper certificate is required)

### Location of the Tallinn Vital Statistics Department

Pärnu mnt 67, Tallinn

Telephone 645 7488, [www.tallinn.ee](http://www.tallinn.ee)

At the Tallinn Vital Statistics Department, residents of Tallinn have the right to apply for a birth allowance from the city of Tallinn (for a list of documents needed, see the chapter 'Birth allowance paid by the city of Tallinn').

### State family allowances and the parental benefit

State family allowances and the parental benefit are paid by the Social Insurance Board. There is no need to apply for family allowances and the parental benefit.

After registering the birth of a child, the Social Insurance Board will send an e-mail to the parents informing them of the allowances available to parents and the parental benefit. In order to be notified, it is necessary to check the correctness/existence of an e-mail address in the self-service environment of the Social Insurance Board. You can also choose the recipient of the allowances in the portal. A person has the right to receive parental benefit from the date on which the right arises until the child reaches three years of age for up to 605 calendar days per child, which includes the calendar days of maternity benefit, parental benefit for fathers and shared parental benefit. In general, eligibility for the parental benefit until the child turns 30 days of age rests with the mother raising the child. Later, the parents are eligible to take turns using the benefit. However, the preferential right to the benefit belongs to the parent who is on parental leave.

The mother will have the right to receive shared parental benefit after the end of the use of maternity benefit. The father will have the right to receive shared parental benefit after termination of the right to receive parental benefit for fathers. A person has the right to receive shared parental benefit for 475-515 calendar days.

Parents will also be able to use the parental benefit by calendar days until the child reaches three years of age, by submitting a notice to the Social Insurance Board.

In 2022, the amount of parental benefit is 584 euros and is capped at 4043.07 euros per month. The parental benefit is calculated on the basis of the social tax declared for the earned income during the 12 calendar months preceding the nine months leading to the child's birth. For example, the child is born in October 2022. The amount of parental benefit is calculated on the basis of the income earned from January 2021 to December 2021. The recipient of the parental benefit may continue working and earning income while they are receiving the benefit. If the income exceeds one-half of the maximum benefit amount, the amount of the parental benefit disbursed is reduced. The Social Insurance Board must be notified of any income exceeding 2021.54 euros by e-mail: [info@sotsiaalkindlustusamet.ee](mailto:info@sotsiaalkindlustusamet.ee).



## Location of the customer service centre of the Social Insurance Board's Tallinn office

Endla 8, Tallinn

Telephone 612 1360

[www.sotsiaalkindlustusamet.ee](http://www.sotsiaalkindlustusamet.ee)

### State family allowances

- Birth allowance (one-time) 320 euros
- Child allowance (monthly, in the case of the first and second child 80 euros and in the case of the third child and any subsequent children 100 euros)
- Allowance for families with many children (monthly)
  - Families raising 3-6 children 650 euros
  - Families raising 7 or more children 850 euros
- Single parent allowance (monthly) 80 euros
- Allowance for child of a conscript or person completing alternative military service (per child, up to the end of conscription, monthly) 900 euros

### Allowance paid by local municipality or city government

Most municipality and city governments pay an allowance to parents upon the birth of a child and have established conditions in this regard. The allowance is determined and paid out by the corresponding municipality or city government (the amount of the allowance varies).

### Birth allowance paid by the city of Tallinn

The allowance can be applied for within six months after the child's birth. The amount of the allowance is 320 euros and it is paid in two parts. The childbirth allowance for twins is 1000 euros and it is paid in one part.

The allowance is payable to a child's parent on the condition that both parents were listed in the population register as residents of the city of Tallinn before the child's birth and at least one of the child's parents has lived in Tallinn for at least one year prior to the birth of the child.

The allowance is paid in two parts: Fifty per cent of the allowance is paid after childbirth and the remainder once the child turns one year of age. The second part is paid if the child and their parents (or single parent) have, according to the population register, continuously been residents of the city of Tallinn from the child's birth to the age of one. In addition, the child must live at the same address as the applicant of the allowance (by population register).

The allowance can be applied for at the Tallinn Vital Statistics Department or the Tallinn e-service at <http://taotlen.tallinn.ee>.

### Newborn care package for residents of Tallinn

The care package is handed out to parents of newborns on the condition that the parents were listed in the population register as residents of the city of Tallinn before the child's birth and at least one of the child's parents lived in Tallinn for at least a year prior to the birth of the child. Women who give birth on Friday, Saturday and Sunday will receive their package on Monday while still in the maternity ward. If the package was not received while in the maternity ward, it can be picked up within two months from the maternity hospital. Please call 620 7394 to schedule a time to pick it up. Bring the child's birth certificate or the identity documents of both parents.

### Paternity leave

A father has the right to receive 30 calendar days of paternity leave (in one part or several parts). Paternity leave may be used from 30 calendar days before the estimated due date of the child determined by a doctor or midwife until the child reaches three years of age. The application

for paternity leave must be submitted in the self-service environment of the Social Insurance Board. During paternity leave, the Social Insurance Board pays additional parental benefit to the father.

### Health insurance

Children receive health insurance automatically if the child's place of residence in the population register is an Estonian address. When you have travel plans, apply for a European health insurance card for your child. This service is available through the information portal [www.eesti.ee](http://www.eesti.ee) or at the customer service office of the Estonian Health Insurance Board. The application can also be mailed to the Estonian Health Insurance Fund or e-mailed in digitally signed form ([info@haigekassa.ee](mailto:info@haigekassa.ee)).

### Location of the Health Insurance Board in Tallinn

Lastekodu 48, Tallinn

Telephone 669 6630

[www.haigekassa.ee](http://www.haigekassa.ee)

Those receiving the parental benefit are automatically covered by health insurance during the payment period.

The Social Insurance Board will provide the Estonian Health Insurance Fund with the data needed to apply for a health insurance policy.

### Parental leave

The mother or father of the child is entitled to parental leave until the child turns three years of age. One person can use the parental leave at a time. It can be taken in one part or in segments at any time. The applicant's employer must be notified at least 30 calendar days in advance of planned parental leave or interruption of parental leave, unless otherwise agreed.

### Essential telephone numbers

<b>EMERGENCY SERVICES</b>	<b>112</b>
<b>NATIONAL GENERAL PRACTITIONER</b>	
<b>HELP LINE (24h)</b>	<b>1220</b>

### TALLINN CHILDREN'S HOSPITAL, Tervise 28

#### Tervise 28

<b>Emergency room</b>	<b>697 7146</b>
<b>Trauma Care reception</b>	<b>697 7194</b>

### EAST TALLINN CENTRAL HOSPITAL

#### WOMEN'S CLINIC, Ravi 18

<b>Breastfeeding counselling</b>	<b>666 1900</b>
<b>Paediatricians</b>	<b>620 7177</b>

If you experience any health problems after childbirth (fever, mastitis), seek medical care at the Women's Clinic of East Tallinn Central Hospital.

For health problems experienced by a newborn baby up to one month of age, book an appointment by telephone at 620 7496.

For social affairs matters, call 620 7394 (a social worker at East Tallinn Central Hospital).

East Tallinn Central Hospital patient information line, 666 1900.

[www.sunnitusmaja.ee](http://www.sunnitusmaja.ee)

