

Information for parents with newborns

Patient information

How to register a child's birth

The birth of a child must be registered during the first month of the child's birth. The birth of a child is registered on the basis of a written application from the parent within 7 days of submission of the application.

With registering the child birth

- the parents give their child a first and a last name
- custody information is entered into the Population Register
- acknowledgement of paternity is obtained
- a child's birth certificate is issued to parents upon request. The birth certificate is in Estonian and the first issue is free of charge. If a certificate in any language other than Estonian is desired, contact the local government at the county seat of your choice for more information. A fee is charged for issuing foreign-language certificates.

You can submit an application at:

- a local government in a county seat
- the Tallinn Vital Statistics Department
- state portal www.eesti.ee

After the health care provider has submitted the medical birth certificate to the Population Register, the married parents can register the birth through the state portal www.eesti.ee or submit a digitally signed application. The Vital Statistics Office of the place of residence of the child's mother will then prepare an entry on the birth and, if desired, issue a birth certificate.

Documents needed to register the birth of a child

- the parents' identity documents
- a marriage certificate, if not entered into the Population Register
- if the birth is registered by one of two married parents, the applicant must bring an application signed by the other parent regarding the name of the child
- acknowledgement of paternity (if needed), which can be submitted at the Vital Statistics Office on the spot or in notarized form
- a certificate from the health care provider regarding the birth of the child. When the child was born in a hospital, the hospital will provide the Population Register with the birth certificate and a separate birth certificate on the form of paper will not have to be submitted.

Locations and opening hours of the Tallinn Vital Statistics Office

Pärnu mnt 67, Tallinn
Phone no 645 7488,
www.tallinn.ee
Mon 8:15–13:00 and 14:00–18:00
Tue 13:00–17:00
Wed, Thu 8:15–13:00 and 14:00–17:00
Fri 8:15–13:00

At the Tallinn Vital Statistics Board, Tallinn residents have the right to apply for a birth allowance from the city of Tallinn. For a list of the documents needed, see the corresponding chapter.

State family allowances and parental allowance

The Social Insurance Board is responsible for the the state family allowances and parental benefits. For receiving the support (family allowances/parental benefit), applications for these allowances and benefits should be filed no later than within 6 months after the first day of eligibility. You can submit the application in person to the Social Insurance Board customer service offices. Applications can also be digitally signed and emailed, signed and posted by regular mail, sent online via www.eesti.ee or through Internet banking sites.

Location and opening hours of the Social Insurance Board's Tallinn office's customer service

Endla 8, Tallinn
Phone no 612 1360
Mon 8:30–18:00
Tue–Thu 8:30–16:30
Fri 8:30–13:00

The documents needed for submitting an application are the applicant's ID and the application. You can obtain the application form on the spot and your bank account number is to be entered in the application. If the applicant for the benefit is on parental leave, an additional certificate from the employer is needed, stating the duration of the parental leave and the name of the child.

Parental benefit

In general, the eligibility for the parental benefit until the child turns 70 days of age rests with the mother raising the child. Later, the parents are eligible for taking turns using the benefit. However, the preferential right to the benefit belongs to the parent who is on parental leave.

If the mother is on maternity leave, she becomes eligible for the parental benefit on the day after the certificate for maternity leave expires. The parental benefit is paid for 435 days. If the child's mother was not previously eligible for the parental benefit (e.g. a non-working mother, a studying mother who does not work), the parental benefit eligibility period begins from the child's birth and lasts until the day on which the child turns 18 months of age.

The benefit is based on the average income for the previous calendar year (calculated on the basis of social tax). In 2018, the norm amount of the parental benefit is 470 euros and the maximum amount 3 089.55 euros per month. In 2018, the minimum monthly salary is 500 euros. Parental benefit recipients may continue working and earning income while receiving the benefit. If the income exceeds one half of the maximum benefit amount, the amount of the parental benefit disbursed is reduced. In 2018, the aforementioned limit is 1 544.78 euros. If the income exceeds one half of the maximum benefit amount, the Social Insurance Board must be notified thereof by email at info@sotsiaalkindlustusamet.ee

State family allowances

- birth allowance 320 euros (one-time)
- child allowance 55 euros (monthly, in the case of the first and second child)
- child allowance 100 euros (monthly, starting from the third child)



- allowance for large families (monthly)
 - o families raising 3-6 children 300 euros
 - o families raising 7 or more children 400 euros
- childcare allowance for parents of up to 3-year-old children 38.36 euros (eligible for the support after the parental benefit discontinues, monthly)
- childcare allowance for parents of children between 3-8 years of age, 19.18 euros per child (paid when the family has, in addition, children up to the age of 3 years, monthly)
- childcare allowance for 3 or more children 19.18 euros (3 or more children who receive child care allowance, per each child aged 3-8, monthly)
- single parent allowance 19.18 euros. (monthly)
- allowance for child of a conscript or person completing alternative military service 50 euros (per child, until the end of conscription, monthly)

Allowance paid by local municipality or city government

Most municipalities and city governments pay an allowance to parents upon the birth of a child and have established conditions in this regard. The allowance is determined and paid out by the corresponding municipality or city government (the amount of the allowance varies).

Birth allowance paid by the city of Tallinn

The allowance can be applied for within 6 months upon the child's birth. The amount of the allowance is 320 euros.

The single allowance for childbirth is payable to a child's parent on condition that both parents were listed in the Population Register as residents of the city of Tallinn before the child's birth and at least one of the child's parents has lived in Tallinn at least a year prior to the birth of the child.

The allowance is paid in two segments. Fifty per cent of the allowance is paid after the childbirth and the remainder after the child turns one year of age. The second half is paid if the child and their parents (or a single parent) have, according to Population Register, continuously been residents of the city of Tallinn from the child's birth to the age of one. In addition, the child must be listed in the Population Register as a resident of the city of Tallinn and must be living with the applicant at the same address.

The allowance can be applied for at the Tallinn Vital Statistics Office or the Tallinn e-service.
<http://taotlen.tallinn.ee>

Documents needed for receiving birth allowance:

- applicant's identity document
- application

Newborn care package for Tallinn residents

The care package is handed out to parents of the new born on condition that the parents were listed in the Population Register as residents of the city of Tallinn before the child's birth and at least one of the parents lived in Tallinn for at least a year prior to the birth of the child. Women who give birth on Friday, Saturday and Sunday will receive their package on Monday, while still in the maternity ward. When parents leave the hospital before receiving the package they will have to request for it within two months upon the child birth. Please call 620 7394 to schedule a time to for pick up. Bring with the child's birth certificate or identity documents for both parents.

Paternity leave

The father is eligible for up to 10 working days of leave within two months before the child's expected due date and during the two months after the birth of the child.

The leave can be used continuously or in segments. The paternity leave is remunerated on the basis of the average salary of the father but not more than three times the average Estonian gross salary in the quarter before last. To obtain the leave, a request must be filed with the employer.

Health insurance

Children are automatically covered under the health insurance. Recommendation: When you have travel plans, apply for a European health insurance card for your child. The service is available through the state portal www.eesti.ee or the Health Insurance Board's customer service. The application can also be mailed in to the Health Insurance Fund or emailed in digitally signed form.

Location and opening hours of the Health Insurance Board

Lastekodu 48, Tallinn
Phone no 669 6630
Mon 8:30-18:00
Tue - Thu 8:30-16:30
Fri 8:30-13:00

Those receiving the parental benefit and childcare allowance are covered by health insurance during the period of childcare payments. The data needed to apply for the health insurance is sent to the Health Insurance Board by The Social Insurance Board.

Childcare leave

The mother or father of the child is eligible for parental leave until the child turns 3 years of age. The leave can be used by only one of the parents at a time. It can be used all at once or in segments at any time. The employer of the applicant must be notified within 14 calendar days in advance of planned parental leave. The application must include a copy of the child's birth certificate.

Essential telephone numbers

EMERGENCY SERVICES	112
NATIONAL GENERAL PRACTITIONER HELP LINE (24h)	1220
TALLINN CHILDREN'S HOSPITAL, Tervise str 28	
Appointments	697 7146
Emergency room	697 7146
EAST TALLINN CENTRAL HOSPITAL WOMEN'S CLINIC, Ravi str 18	
Breastfeeding counselling	620 7453
Paediatricians	620 7177

If you experience any health problems after childbirth (fever, mastitis), contact the prenatal department at the Women's Clinic.

For health problems experienced by a newborn baby up to 1 month of age, pre-register the appointment by telephone at 620 7496.

For social affair issues, call 620 7394 (social worker at East Tallinn Central Hospital).

East Tallinn Central Hospital patient information phone no, 666 1900.

www.sunnitusmaja.ee

